

Environment and Islam



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What is environment?

- When we talk about **our** environment we mean everything in our planet (earth) which can affect our lives. This includes the air, water, plants, trees, animals and humans.



Why the environment is important to us?

Our five basic needs from the environment are:

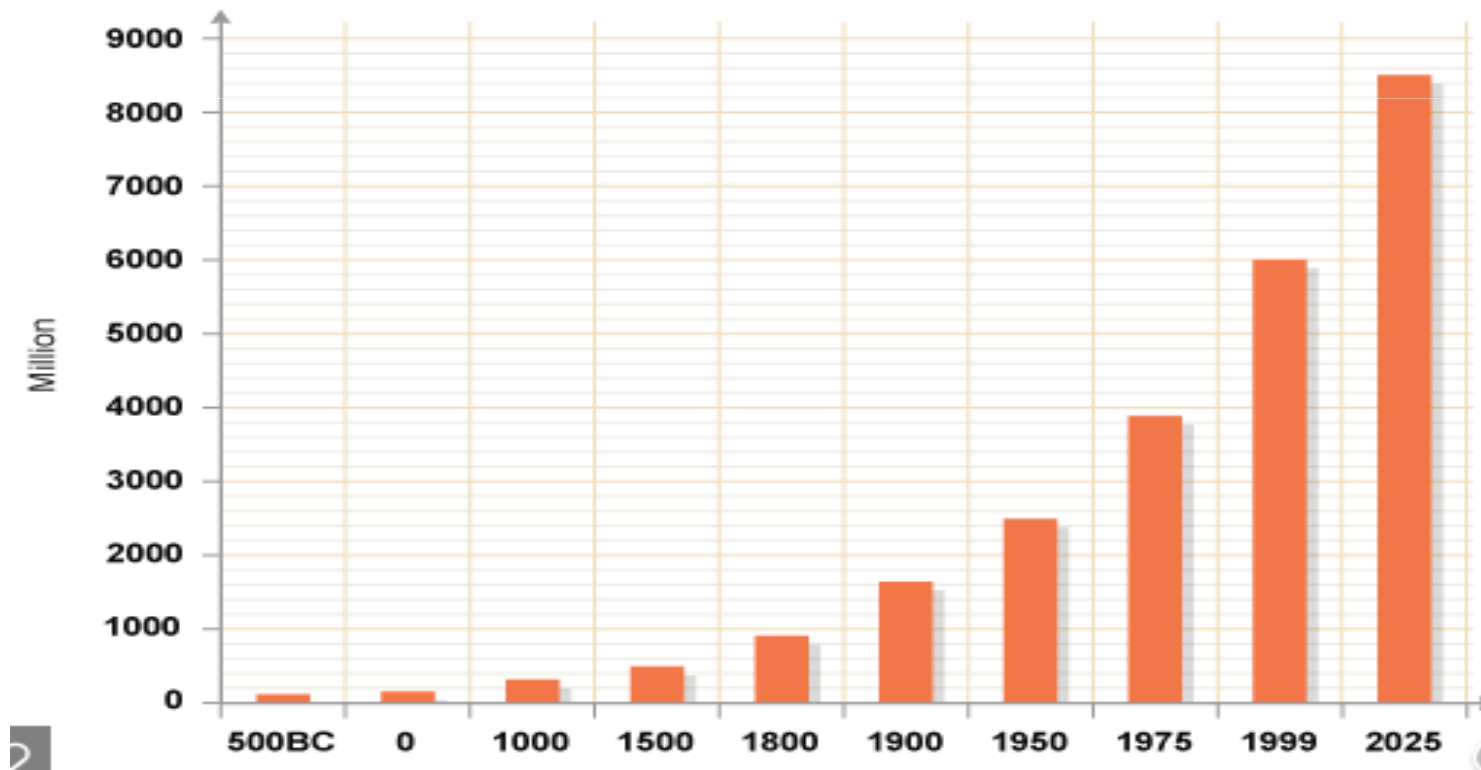
- Oxygen
- Water
- Food
- Shelter
- Warmth.

“Our survival depends on it”



Our impact on the planet

Over the years the human population has grown and in the process we are damaging the planet by polluting it (e.g. too much smoke, carbon dioxide, toxic waste).



Air Pollution



Land Pollution



Water Pollution





What Quran says about our planet

In the Qur'an, we are instructed by Allah to look after the environment and not to damage it:

“And it is He who spread the earth, and placed in it mountains and rivers. And He placed in it two kinds of every fruit. He causes the night to overlap the day. most surely there are signs in this for people who understand.

On earth there are terrains side by side, and gardens of grapes, and crops, and palm trees, from the same root or from distinct roots, they are watered with one water. We make some taste better than others; most surely there are signs in this for people who understand.”

Surah 13:3-4



What Quran says our responsibilities are towards the environment.

"It is He who has appointed you viceroys in the earth ... that He may try you in what He has given you." (Surah 6:165)

"O children of Adam! ... eat and drink: but waste not by excess, for Allah loves not the wasters."
(Surah 7:31)



What our prophet taught us

“The Earth is green and beautiful, and Allah has appointed you his guardians over it. The whole earth has been created a place of worship, pure and clean.

Whoever plants a tree and looks after it until it grows and bears fruit is rewarded. If a Muslim plants a tree or sows a field and humans and beasts and birds eat from it, all of it is **love** on his part.”

How you can help the environment

How to eat food provided to us by Allah:

- Say Allah's name when eating (*bismillah*).
- Eat halal food.
- Always eat with your right hand.
- Eat slowly, chew slowly.
- Eat smaller portions and finish your plate
- Your body is not a bin so stop filling it with junk food.
- Eat fruits and vegetables to improve your diet.
- Share your food.
- Cover all uneaten food for another time





How you can help the environment

Use less water:

- Have showers rather than baths.
- Aim for 5 minutes shower.
- Do not leave tap running when brushing your teeth.
- Do not leave tap running when doing wudhu.
- Drinking water in portions. Do not waste it.
- Do not leave water running when washing up.



How you can help the environment

Use less power:

- Turn heating down.
- Don't switch on lights during the day.
- Switch off electrical equipment when not in use.
- Use energy saving light bulbs.
- Switch lights off when you leave a room.



SAVE ENERGY...SAVE THE WORLD



How you can help the environment

Make less rubbish:

- Sort out your waste for recycling and use the recycle bins.
- If you can't find a bin, take your rubbish home.
- Keep your home clean and tidy.
- Do not buy extra clothes, games and toys.
- Recycle clothes, toys, books and games by giving them to another family, charity shop or putting into a charity recycle bin at the supermarket.



How you can help the environment

Be kind to animals:

- If you have pets at home, feed them on time.
- Do not kill birds, fish or small creatures for fun.

Plants and trees:

- Use less paper.
- Plant more trees, they give us oxygen and shade.
- Do not damage plants and trees when playing in parks.

