

# Islamic perspective of Nourishment & Upbringing

## 1: Importance of family

## 2: Importance of marriage

A: Objectives

B: Conditions

C: How to choose the mate, spouse

D: Obstacles and the solutions

## 3: Importance of woman

## 4: Family environment

A: Piety, Virtue

B: Health

## 5: Mutual rights of husband and wife

## 6: Generation building

A: Importance of child

B: Love of descendants

C: Rights of Children

D: Importance of mother

E: Importance of father

F: Mutual understanding and communication of parents

## 7: Stages / Durations of Upbringing

## 8: Role of Teacher

A: Importance of knowledge

B: Importance of teacher

C: Teacher as a role model

D: Teaching techniques

E: Learning techniques